#### LA GRANDE SWIM CLUB

#### **Two-week Trial Instructions for Parents**

- 1. Trials may begin on the 1st or 3rd Monday of any month at 3:30pm
- 2. Fill out 2-week trial form and return to a coach
- 3. Pay \$30 trial fee and return to a coach
- 4. Select date for trial to start it will end after 2 calendar weeks, regardless of how many days your child swims during that 2 weeks
- 5. At the end of the trial, if your child does not plan to continue, you don't have to do anything
- 6. At the end of the trial, if your child would like to continue with club, contact the Registrar, Shannon Donovan at <a href="mailto:smdonovan5678@gmail.com">smdonovan5678@gmail.com</a> or 907-830-4062 to get instructions for registering online with the club.
- 7. Register online with LGSC
- 8. At the completion of your LGSC registration, you will receive a link to register your child with USA Swimming.
- 9. Register online with USA Swimming
- 10. NOW your child can continue to swim with LGSC!
- 11. Our billing is done via email on a month-to-month basis. If you plan to stop swim, you need to let the Treasurer know NO LATER than the 10<sup>th</sup> of the month or you will be responsible for fees that month regardless. Coach Kennedy helps manage billing and she can be reached at <a href="mailto:bkruse508@gmail.com">bkruse508@gmail.com</a>.
- 12. Questions? Ask a coach or contact Shannon or our treasurer Tonya. You can also find lots of club information on our website at:

| nttps://www.teamu | nity.com/team/origsc/page/no | <u>ome</u>         |
|-------------------|------------------------------|--------------------|
| Group:            | First Day of Trial:          | Last Day of Trial: |



# LGSC PRACTICE SCHEDULE

### 2024-2025

## \*Open for Trials on September 3, 2024\*

|          | Monday      | Tuesday     | Wednesday   | Thursday    | Friday   |
|----------|-------------|-------------|-------------|-------------|----------|
| TRIALS*  | 3:30-4:00PM | 3:30-4:00PM | 3:30-4:00PM | 3:30-4:00PM |          |
| GREEN A  | 3:30-4:15PM | 3:30-4:15PM | 3:30-4:15PM | 3:30-4:15PM |          |
| GREEN B  | 5:15-6:00PM | 5:15-6:00PM | 5:15-6:00PM | 5:15-6:00PM |          |
| BRONZE   | 4:15-5:15PM | 4:15-5:15PM | 4:15-5:15PM | 4:15-5:15PM |          |
| SILVER   | 4-5:15PM    | 4-5:15PM    | 4-5:15PM    | 4-5:15PM    | 4-5:15PM |
| GOLD     | 4-5:30PM    | 4-5:30PM    | 4-5:30PM    | 4-5:30PM    | 4-5:30PM |
| PLATINUM | 4-6PM       | 4-6PM       | 4-6PM       | 4-6PM       | 4-6PM    |

<sup>\*</sup>Unless otherwise negotiated

### **Board Member & Coach Contacts**

| Position                               | Name  | E-mail  | Phone #                                      |
|--|---|---|--|
| President & Meet<br>Director           | Beth Koza   | bkoza71@gmail.com   | 541-910-0625                                 |
| Vice-President                         | Ashley Close  | ashleyclose88@gmail.com   | 540-526-3156                                 |
| Treasurer                              | Tonya Fenley  | treasurer.lgsc@gmail.com  | 541-290-7515                                 |
| Registrar                              | Shannon Donovan   | smdonovan5678@gmail.com   | 907-830-4062                                 |
| Secretary                              | Jessica Baum  | baumstudio@gmail.com  | 503-470-0471                                 |
| Safe Sport                             | Jimmy Zamora  | jjzamora4@gmail.com   | 541-969-2774                                 |
| Head Coach                             | Kennedy Kruse   | bkruse508@gmail.com   | 541-429-1378                                 |
| Assistant Coaches                      | Steve Koza<br>Tatiana Ricker<br>Ryan Toohey<br>Taylor Fox | koza.steve@gmail.com<br>tatiarick27@gmail.com<br>heytoohey@gmail.com<br>taylor.taytay.fox@gmail.com | 541-910-6690<br>541-963-5961<br>907-280-9594 |
| Athlete Rep – Sr.<br>Athlete Rep – Jr. | Becca Koza<br>Isabel Fenley                               |   |  |